

Safety At Home Series

Part 2: Keep It Pest-Free & Well-Ventilated



Rebuilding Together Silicon Valley Believes that everyone deserves to live in a safe and healthy home. We put that belief into action through our 3 programs. Our Critical Repairs program focuses on anything that could be potentially catastrophic to a home owner being able to safely remain in their homes i.e., hot water heaters, furnace replacements, roof repairs or replacements. Our Safe At Home program focuses on our home adapting alongside us as our needs change by altering providing all necessary safety measures for home owner accessibility. And lastly, our Rebuilding Days are our culminating volunteer based blitz building days the focus on beautification projects and volunteer friendly activities to wrap up the year round repairs we've previously accomplished for our homeowners.



The 8 safe and healthy housing principles as established by the Department of Housing and urban Development: Clean, Dry, Pest-free, well-ventilated, safe, contaminant-free, maintained and thermally controlled.



Keeping your home pest-free is paramount to your safety and health. Pests can cause harm to humans mental and physical health through dander, excrement, spreading of bacteria or viruses, creating or exasperating stress, mental health concerns or household expenses. Pests can also contaminate counter tops or food, aggravate allergies and cause property damage.

Why NOT pesticides?

- Pesticides can cause serious health hazards such as ear, nose & throat irritations, stomach cramps, central nervous system damage, kidney damage or increased risk of cancer.
- Typically store bought pesticides do not typically get at the root of the concern and can cause more damage to a homeowner.

Rebuilding Together Silicon Valley can help with inspecting areas of concern, recognizing infestations, and addressing infestations in a protective and professional manner.



Keeping your home well-ventilated has many health benefits for our homeowners. Homes with good ventilation have lower rates of respiratory illness and irritation.

A lack of proper ventilation can lead to these health problems:

- Common colds
- Flu
- Asthma
- Pneumonia
- Health concerns can lead to loss of work and school
- Proper ventilation also reduces our exposure to Volatile Organic Compounds (VOC's)
- Tobacco Smoke
- Allergens
- Moisture & Mold



Rebuilding Together Silicon Valley can help with reviewing and inspecting prominent areas for sources of moisture and contaminants, bathrooms & kitchens, ensure existing fans are properly ducted and repair or replace any improper vents and fans.

